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You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You.

Isaiah 26:3 (NKJV)

Thought for today...

Do you sometimes feel as though you're fighting a losing battle, and that everything you need to achieve cannot be accomplished without an uphill struggle? Perhaps your battle is at work, in the classroom or at home - maybe it's all of these and more besides!

Whether you've just begun your journey as a follower of Christ or you've been in the 'fight' for a while, whether you are in your teens, are a nonagenarian or any age between, whatever your race, social background or health status, it's likely that you have at times felt that you're not going to 'make it', or attain that goal.



Arguably the greatest battles that we will face are those that take place in our minds; one negative thought can have a snowball effect and before we realise what is happening, we've convinced ourselves that the best solution to our problem is to commit suicide.

The Apostle Paul says: "In conclusion, my friends, fill your minds with those things that are good and that deserve praise: things that are true, noble, right, pure, lovely, and honorable." Philippians 4:8 (Good News Translation).

What we permit our minds to focus on is important. John 8:44 tells us that our enemy - the devil - ‘... **was a murderer from the beginning. He has always hated the truth, because there is no truth in him. When he lies, it is consistent with his character; for he is a liar and the father of lies.**’ (New Living Translation).

Thankfully, we know that ‘**God is not like people, who lie; He is not a human who changes His mind. Whatever He promises, He does; He speaks, and it is done.**’ Numbers 23:19 (Good News Translation).

So because we know that He does not lie, as followers of Christ we can be assured that He will keep this promise that He made: “**Never will I leave you; never will I forsake you.**” Hebrews 13:5 (NIV).

Despite the onslaught and fierce battle that is taking place in our minds, this is what the LORD wants us to know: “**No weapon formed against you shall prosper, and every tongue which rises against you in judgment you shall condemn...**” Isaiah 54:17 (NKJV). This solidifies our authority to condemn the devil when he floods our thoughts with his judgments and lies!

So, let’s not give up the fight, but instead remind ourselves that the devil is already defeated: “**No, in all these things we are more than conquerors through Him who loved us.**” Romans 8:37 (Christian Standard Bible).



Armed with the knowledge of who we are in Christ, let’s continue to ‘**Fight the good fight of faith...**’ 1 Timothy 6:12.