

S E P T E M B E R 1 2 0 2 0



Be on your guard and stay awake. Your enemy, the devil, is like a roaring lion, sneaking around to find someone to attack. 1 Peter 5:8 (Contemporary English Version)

Thought for today...

For many people, this season has seen the resurgence of bread making at home, resulting in yeast, bread flour and bread maker machines flying off the shelves as soon as stocks arrive.

Anticipating a perfect loaf following the baking process, some people have been disappointed and puzzled at the outcome. Search engines are awash with questions such as 'why is my bread dense and heavy?' or 'why didn't my bread rise?'

Most instructions will advise that when adding yeast to the other ingredients, it should not come into direct contact with the salt as salt kills yeast.



Yeast is a crucial ingredient in bread making as it serves as a leavening agent causing the dough to rise - only a very small amount is needed to accomplish this. In 1 Corinthians 5:6, the Apostle Paul used yeast to illustrate to the Corinthian church that just as only a pinch of yeast is needed to spread through a whole batch of dough, so too, sin would spread among them, rise, and corrupt them if left unchecked.

Matthew 5:13 tells us: 'You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot.' (New International Version)



Just as the salt and yeast remain separate in the bread making process, there is a need for those who want to follow Christ to separate themselves from sin. 2 Corinthians 6:17 puts it like this: 'Come out from among unbelievers, and separate yourselves from them, says the LORD. Don't touch their filthy things, and I will welcome you.' (NLT)

As followers of Christ, we have been given power and authority to subdue the rise of sin; Genesis 4:7 says: If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it. (NIV)

Do not be yoked together with unbelievers. For what do righteousness and wickedness have in common? Or what fellowship can light have with darkness? 2 Corinthians 6:14 (NIV)

Home bakers keen to produce a perfect loaf will know that one of the keys to achieving this is not to combine the salt with the yeast. Followers of Christ who are desirous to be effective in everything that God has called us to do, will realise that to achieve this we must be separated from sin, as like yeast, even a little bit of sin goes a long way...

