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The LORD is my strength and my shield; Psalm 28:7 (NKJV)

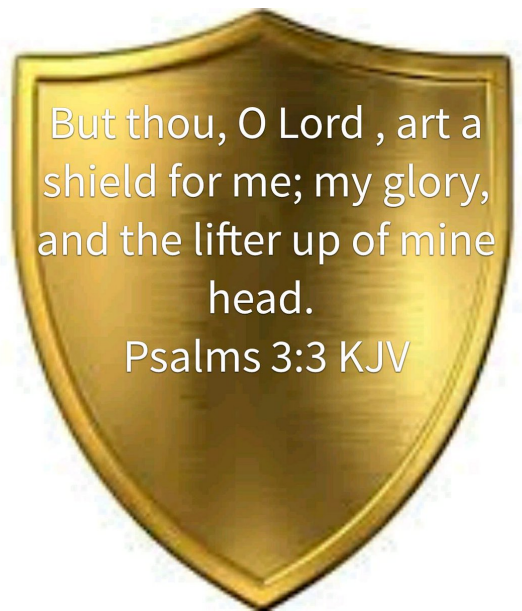
Thought for today...

Within our society, many people who are considered to be vulnerable, are practicing 'shielding', as a means to protect themselves.

How good it is to know that when we come into relationship with Jesus Christ and choose to live our lives for and in Him, we can trust that He will protect us. Proverbs 30:5 tells us that **'He is a shield to those who take refuge in Him.'**

When we get to heaven, we can listen to first hand accounts from our brothers and sisters, as they recall the times when God showed Himself mighty and strong on their behalf, as both shield and protector:

- **Daniel**, when he was thrown into the lions' den (Daniel 6)
- The **3 Hebrew boys**, when they were thrown into the fiery furnace (Daniel 3)
- **Joseph**, who was thrown into a pit by his jealous brothers, sold into slavery, then subsequently falsely accused and sent to prison (Genesis 37 & 39)



- **David**, when he wrestled lions, bears and slew Goliath (1 Samuel 17)
- **Noah and his family**, who remained safe in the ark whilst the waters covered the face of the earth (Genesis 6:8)
- **The Disciples**, in the boat with Jesus as He calmed the storm (Matthew 8 & Mark 4)



**For You, O Lord, will bless the righteous;
With favour You will surround him as
with a shield. Psalm 5:12 (NKJV)**